

Transition Knee Brace

Single Patient Use Only

Rx Only

INTENDED USE

This knee brace provides knee immobilization or range of motion limitations as prescribed by a medical practitioner. May be used post-injury, post-operatively or throughout rehabilitation.

INDICATIONS

Post-operative Rehabilitation

CONTRAINDICATION

Patients with poor peripheral circulation, diabetes or a decrease in skin sensitivity should not use this product.

PRECAUTIONS

This product is to be fitted by a physician (or properly licensed practitioner) who is familiar with the purpose for which they are responsible. The physician or practitioner is responsible for providing wearing instructions and precautions to other healthcare practitioners or healthcare providers involved in the patient's care and the patient.

DIRECTIONS FOR USE

A. Brace Application

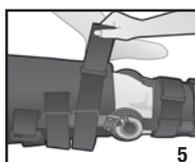
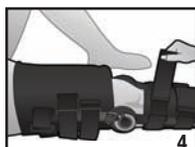
1. Undo all hook and loop straps and remove wraps.
2. Apply thigh and calf wraps. Excess wrap material can be trimmed.



3. Align the hinge of the brace with the knee joint. The brace arms will adhere to the foam wraps. (Brace should fit 2" below groin and 2" above ankle bones.)

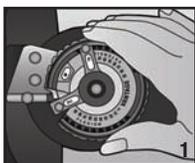


4. Fasten strap just below knee joint.
5. Next, fasten strap just above knee joint. Continue to alternate lower calf straps and upper thigh straps until secure. Brace should be snug, but comfortable.
6. Check for hinge placement. Make any necessary adjustments.



B. Flexion/Extension Adjustment

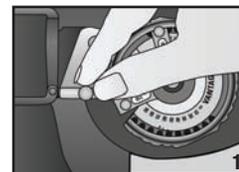
1. The clear plastic dial can be rotated to expose flexion or extension pin.
2. Pull pin outward and slide to desired location.
3. Reseat pin back into place.



4. Perform function on both hinges.

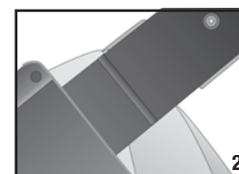
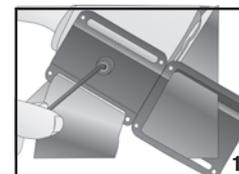
C. Drop-Lock Adjustment

1. To completely lock leg into full extension, push blue lever into the down position.
2. To unlock, pull blue lever into the up and locked position.



D. Length Adjustment

1. Loosen screw located on top strap runner on the arm of the thigh portion of brace.
2. Slide strap runner to expose indentation in metal. Break off excess metal at indentation on brace by applying force (i.e. breaking on the end of a table). Retighten screw after adjustment. **Note: DO NOT OVERTIGHTEN SCREWS.** Repeat on opposite arm.
3. Repeat steps above on bottom strap runners on the calf portion of brace.



WASHING INSTRUCTIONS

Hand wash liner with mild detergent in lukewarm water. Air dry.