

Foley Catheter Guidelines

Guidelines for Drainage



Helpful Guidelines for Drainage

- Periodic inspection of the system should be made to ensure that urine is flowing freely and is not obstructed
- Urine drainage bag should be placed near the foot of the bed and below the level of the patient's hip
- Drain tubing should be secured with the attached clip to provide a continuous downward sloping path to the drainage bag
- When transporting the patient, do not place the drainage bag on the patient's abdomen or between the patient's leg
- Excess tubing should be arranged to permit straight-line drainage or coiled in a manner that does not allow the tubing to kink or fall below the level of the drainage bag
- Do not position the tubing under the patient's leg where weight can kink or impede the flow
- · Never allow the drainage bag to be placed on the floor



Foley Catheter Inflation

Prior to insertion, test the balloon inflation and deflation. The balloon should be fully deflated before insertion.

Ensure that the foley catheter balloon is positioned well within the patient's bladder. Slowly, with a gentle, constant force, the catheter balloon must be inflated with the recommended volume of sterile water, depending on balloon size (refer to table below). Improperly inflated foley catheter balloons may cause drainage and deflation difficulties. Using fluid other than sterile water may cause the balloon to empty improperly, especially after dwell times.

Prior to removing the catheter, deflate the balloon by inserting the luer tip of an empty syringe into the valve and aspirating the solution completely. If the balloon does not collapse after attempting this step, then sever the valve arm. If balloon still does not deflate, call physician.

Properly Inflated



12 FR Foley Catheter inflated w/8 cc of water

Under Inflated



12 FR Foley Catheter inflated w/4 cc of water

French Size	Recommended Inflation Capacities
6 FR	1.5 ml
8 FR	3 - 5 ml
10 FR	3 - 5 ml
12 FR	5 - 10 ml
14 FR	5 - 10 ml
16 FR	5 - 15 ml
18 FR	5 - 15 ml

Please refer to Foley Catheter IFU for a complete list of indications, contraindications, warnings, and instructions.

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