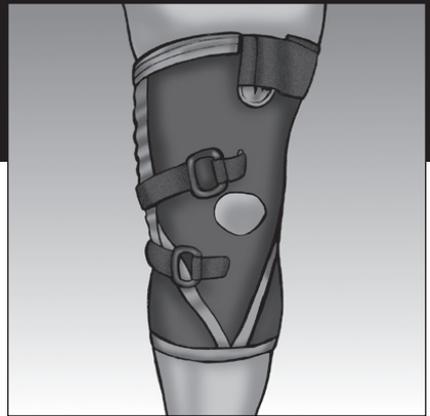




# Patella Subluxation – Full Length

Single Patient Use Only



### Important

Read carefully and completely before applying.

### Intended Use

This knee support is designed to assist in the prevention of patella maltracking (abnormal knee cap movement).

### Indications

Patella Subluxation (partial dislocation of the knee cap), Chondromalacia (softening of the articular cartilage).

### Lateral Glide

Place buttress on the outside of the patella (kneecap).

### Medial Glide

Place buttress on the inside of the patella.

### Precautions

Consult your medical professional immediately if you experience sensation changes, unusual reactions, swelling, or prolonged pain while using this product.

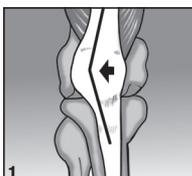
### Sizing

Measure leg circumference 6" above mid-patella

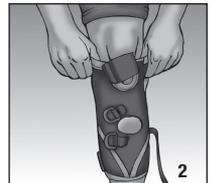
-70	Universal	
-71	X-Small	13" – 15 1/2"
-72	Small	15 1/2" – 18 "
-73	Medium	18" – 20 1/2"
-74	Large	20 1/2" – 23"
-75	X-Large	23" – 25 1/2"
-76	XX-Large	25 1/2" – 28"

### Directions for Use

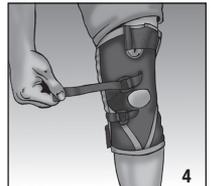
1. Loosen all straps on the support. Place the buttress on the affected side of the knee (the same side that the patella is drifting toward). Brace comes in right or left



versions. Right braces will work on the lateral (outside) right leg and medial (inside) left leg. Left braces will work on the lateral (outside) left leg and medial (inside) right leg.



2. Pull sleeve over the knee so that the opening at the front surround the knee cap. Then secure hook and loop closure at the top of brace.
3. Position the buttress so that it is resting against the rim of the patella. Cross the two straps behind the knee, then insert them through the plastic D-rings.
4. Beginning with the lower strap, attach the hook and loop closure. Lastly, apply the upper strap. Re-adjust both straps for a snug, but comfortable fit. You should feel the brace pulling the patella into a more functional position.



### Care Instructions

To clean, hand wash in warm water with mild detergent. Allow to air dry. Do not put in dryer.



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