



Grid Iron XR R.O.M. Walker

Single Patient Use Only

Rx Only

Standard Walker

X-Small	15510004
Small	15510005
Medium	15510006
Large	15510007
X-Large	15510008

IMPORTANT INFORMATION

Please read all instructions before use. Correct application is essential to proper functioning of product.


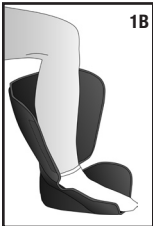





INDICATIONS

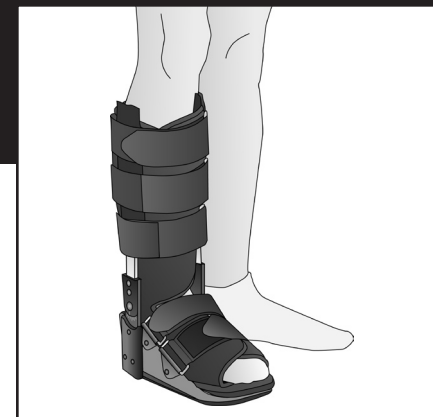
Achilles tendon repair; Grade 2 and 3 ankle sprains; stable fractures of tibia, fibula, talus and tarsus; post operative immobilization (soft tissue reconstruction and open reduction internal fixation); metatarsal fractures

PRECAUTIONS

- This product is to be fitted initially by a physician (or properly licensed practitioner) who is familiar with the purpose for which they are responsible. The physician or practitioner is responsible for providing use instructions and precautions to other healthcare practitioners, care providers involved in the patients' care and the patient.
- Consult your physician (or properly licensed practitioner) immediately if you experience sensation changes, unusual reactions, swelling or prolonged pain while using this product.
- Follow the instructions of your physician (or properly licensed practitioner) for length and duration of use.

INSTRUCTIONS FOR USE

1. Remove inner liner/wrap from walker. Position foot and lower leg into the liner.  
2. Wrap snugly around limb. Fasten with "hook" fasteners to the outside of the liner. Insert foot and lower leg into walker.  
3. Carefully center the uprights (side panels) over the ankle to ensure a comfortable fit and proper support. Remove plastic covers from uprights and secure to liner.  
4. Fasten walker using hook and loop leg straps. Begin fastening at the bottom and work your way up the leg. An optional padded strap is 



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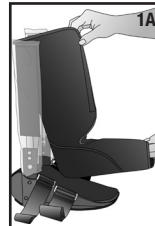

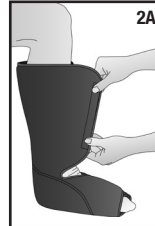
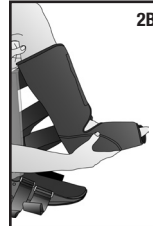

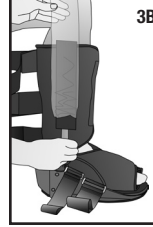

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provided for additional padding at the ankle if necessary. **NOTE:** Readjust as needed for a secure and comfortable fit.

- Determine the required angle/setting and adjust according to the instructions below. **NOTE:** Uprights may be contoured to patient if desired.

WASHING INSTRUCTIONS

Liner should be hand washed using cold water and mild detergent. Air dry.



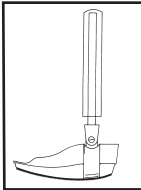
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200 DeBusk Lane
Powell, TN 37849 U.S.A.
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Part #GridIronXRR.O.M.
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Revised 2/06

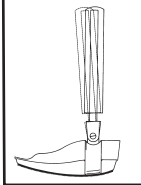
INSTRUCTIONS FOR ADJUSTMENT OF ANGLE

FIXED SETTING

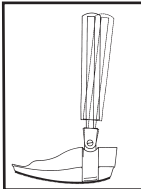
Neutral (90°): Turn both front and back screws equally until uprights are perpendicular to floor.



Dorsiflexion: Loosen front screw and tighten back screw until desired position has been obtained.

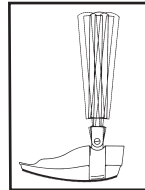


Plantar flexion: Loosen back screw and tighten front screw until desired amount of plantar flexion has been achieved.

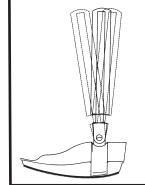


RANGE OF MOTION SETTING

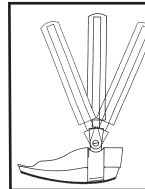
Limited motion of 5° dorsiflexion and 5° plantar flexion: From a neutral setting loosen both screws one full turn.



Increased dorsiflexion to 10°: Loosen front screws one full turn.



Unlimited motion of 22.5° of dorsiflexion and 22.5° of plantar flexion: Loosen both screws along with their pins.



NOTICE: One 360° turn of the screw is approximately equal to 5° of ankle motion.



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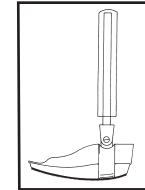
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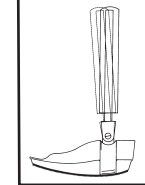
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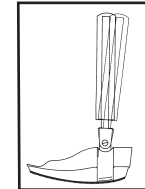
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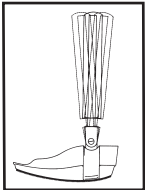


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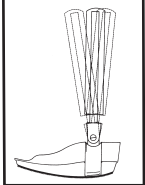


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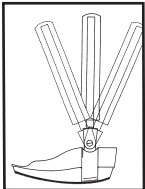
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